

Graduation Stole “Sew” Version

Are you ready to graduate? Celebrate your achievements with your very own FIDM Fashion Club Stole!

WHAT YOU’LL NEED:

- Scissors
- Scotch tape
- Straight pins
preferably long dressmaker or quilting pins
- Fusible interfacing – medium weight
optional
- Iron and ironing board
- Thread
- Trims and embellishments
- Bias binding/double fold 1/2” wide
- Seam ripper
- Sewing machine
- Ruler
- Tape measure
- Stole pattern
- Light colored fabric 1 ¼ to 1 ½ yards
felt, heavy cotton, canvas, taffeta or bridal satin
- FIDM Fashion Club iron-on logo

STEPS TO PREPARE YOUR PATTERN:

1. Choose your fabric. Appropriate fabrics are: **felt, heavy cotton canvas, taffeta, or bridal satin**. We recommend choosing a **light colored fabric** to help the FIDM Fashion Club iron-on logo to show up best on your graduation stole. You will need approximately 1¼ to 1½ yards of fabric with a width of 36”, 45”, 54”, or 60”.
2. Download and print out each pattern piece (A-H) on a full sheet of paper.
3. Begin by folding along the bottom line of each pattern piece.
Starting with pattern A: Tape the bottom folded line of A to the TOP pattern line of B. Next, tape the bottom folded line of B to the TOP pattern line of C. Tape the bottom folded line of C to the TOP pattern line of D. Move to the second half of the pattern.
Starting with pattern E: Tape the bottom folded line of E to the TOP pattern line of F. Tape the bottom folded line of F to the TOP pattern line of G. Tape the bottom folded line of G to the TOP pattern line of H.
Helpful hint: Tape the front side of the pattern as well as the back side of the pattern. This will give you more stability in your fully assembled pattern. You may carefully trim around the pattern OR leave it untrimmed until you have it pinned to the fabric and cut both pattern edge and fabric at the same time.
4. Fold chosen fabric carefully lengthwise, matching the selvage edges together. Make sure there are no wrinkles and that the selvage edges match evenly.
5. Place the pattern pieces on the fabric, running lengthwise. Place a fabric pin on the grainline at pattern piece A and E. Using a ruler, measure the distance from the pinned grainline on A over to the selvage edge of the fabric. Note the measurement. Move the ruler to the bottom pattern piece D, and make sure the measurement from grainline to selvage is equal to the measurement you noted at pattern piece A. The lower pattern should shift easily to bring it in line with the measurement. Pin the remainder of the pattern A-D in place. Repeat this procedure for patterns E-H.
6. Cut the pattern pieces/fabric carefully following the pattern lines.
Helpful hint: Keep the fabric on the table, as well as the lower edge of the scissors. Do not hold the scissors and fabric in the air to cut. You will have a much cleaner cutting line if you let the table hold the weight of the scissors and fabric as you cut.

You should have 4 pieces of stole fabric cut.

YOU ARE NOW READY FOR THE STOLE CONSTRUCTION.

STEPS TO CONSTRUCT YOUR GRADUATION STOLE:

1. Place the 2 layers of A-D fabric together, with the right side of fabric facing each other. Pin the fabric to hold in place.
2. Pin the long unsewn side edges together to hold in place.
3. Using a $\frac{1}{4}$ " seam allowance stitch along all sides, staystitching the 2 layers together.
4. Using a $\frac{1}{2}$ " double folded bias binding, finish all raw sewn edges. Begin at the top corner of one stole piece. Place the $\frac{1}{2}$ " double fold bias binding over the raw edge, sandwiching around the raw edges. Carefully push the bias binding over the raw stole edges, making sure to enclose the edges evenly. Pin in place if needed, all along the long stole edges.
5. Place the stole under the pressure foot of your sewing machine, at the beginning of the bias binding. Be sure to place the folded edge of the bias binding under the needle position. Lower the needle into the binding fabric. It should fit the fold, about $\frac{1}{16}$ " of an inch in from the fold.
6. Begin sewing, backstitching at the beginning, and sew along the long edge all the way to the bottom. Backstitch and remove the stole from the machine. Trim the threads.
Note: DO NOT cut the bias binding at the lower angled edge of the stole.
7. Fold the bias binding to follow the angled lower edge of the stole, tucking in the excess corners of the binding. Pin the corner and along the angled edge.
8. Place the lower angled edge back under the pressure food and needle. Stitch the bias binding in place, similar to the long edge. Backstitch at the beginning and end of the seam. Remove the stole from the machine and trim the threads.
Note: DO NOT cut the bias binding.
9. Fold the bias binding around the lower corner, tucking in the excess of the corners. Pin the bias binding in place along the raw edges of the stole. Be sure to fold under the final top corner of the bias binding, pinning in place, cutting away excess bias binding.
10. Sew the bias binding similar to the other edges. Backstitch at the beginning and ending of the seam. Remove the stole from the machine and trim the threads.
11. **Repeat** for the 2 layers of E-H fabric.
12. Lay the A-D stole over the E-H stole at the top corners, matching the AA to AA points and BB to BB points. This should create an upside down V-shape. Pin the outer edges together through all layers.
Note: Please refer to the pattern.
13. Stitch the layers together along the outside and inside edges.

FIDM FASHION CLUB

STEPS TO IRON ON YOUR FIDM FASHION CLUB LOGO:

1. Turn your iron to its highest heat setting.

Note: DO NOT USE STEAM SETTING.

2. Test the iron on a scrap of your fabric to assure it handles the heat well. If it marks the fabric, use a pressing cloth between your iron and the logo/fabric.

Note: A cotton pillowcase makes a nice pressing cloth.

3. Place the FIDM Fashion Club iron-on logo on the desired location, **print side down**.

4. Hold the iron in place over the iron-on logo, **PRESSING FIRMLY** for 30 seconds.

5. Remove the iron. Allow the iron-on logo to cool until it is slightly warm to the touch. Carefully lift the backing to ensure that the decal is lifting properly. If not, repeat iron pressure for another 30 seconds.

Note: If using a pressing cloth, hold the iron in place for 60 seconds each time.

CONGRATULATIONS ON COMPLETING YOUR FIDM FASHION CLUB GRADUATION STOLE.

WE WANT TO SEE YOUR FIDM FASHION CLUB STOLE.
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